

# Redefine YOUR SERVANT LEADERSHIP

The Power of Being Present in a 24/7 World

*with Jon Kidwell*

Because I am always on, I am always \_\_\_\_\_.

Trade always on for serving in the present.

## Lace up your shoes!

What three habits will help you shift from always on to being present?

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_



## Gauge your presence.

On a scale of **1** (Not at all) to **5** (Constantly), how often do you:

\_\_\_\_\_ Struggle to be offline or stop thinking about work?

\_\_\_\_\_ Check or respond to work messages outside of work hours?

\_\_\_\_\_ Interrupt personal or family time to work?

\_\_\_\_\_ Find yourself distracted and disengaged in meetings & conversations?

\_\_\_\_\_ Keep notifications on for all work-related apps at all times?