

# Growth Worksheet



Use this worksheet as a tool to communicate with your employees, team, supervisors, organization, etc.

**Intention:** What is the reason you need to give this input/feedback?  
Am I in the right mindset to give this feedback?

**Invitation:** Where will this feedback be given? How will communicate?  
(i.e.: timeliness, location, method, awareness)

**Specific:** Describe when the behavior requiring feedback happened.

**Behavior:** What is the action/behavior that occurred?

**Impact:** State the impact of the specific behavior on you/organization.

**Intention:** Ask about the other person's intention.

**Agreement:** What are the agreed upon next steps?

